**Dr. Julia Arnsten** is Professor (with tenure) of Medicine, Epidemiology & Population Health, and Psychiatry & Behavioral Sciences at Albert Einstein College of Medicine, Chief of the Einstein-Montefiore Department of Medicine’s Division of General Internal Medicine, and Director of the Einstein-Montefiore Center for Comparative Effectiveness Research. A primary care-trained general internist, Dr. Arnsten has been NIH-funded for over 20 years to study how to deliver effective medical care to vulnerable populations, specifically persons with opioid use disorder, and has authored or co-authored over 150 scientific publications. Dr. Arnsten’s central research interests include adherence with medication-taking, behavior change among patients and providers, and impact of substance use disorders on health outcomes. She is widely recognized as an expert in studying adherence behaviors in persons with opioid and other substance use disorders, and in developing interventions to enhance medication adherence and other health behaviors. From 2002-2015, Dr. Arnsten led a NIDA-funded substance abuse research training program which trained 15 junior physician-investigators to pursue careers in substance abuse research; the majority of these faculty went on to receive NIH career development awards and many have obtained independent research funding. As Founding Chief of the Einstein-Montefiore Division of General Internal Medicine, Dr. Arnsten developed and leads a vibrant academic community that is home to over 70 generalist physicians, four internal medicine teaching practices, and unique primary care-based clinical programs in buprenorphine treatment, hepatitis C evaluation and treatment, safe opioid prescribing for chronic pain, and medical cannabis, as well as over $20 million annually in extramural funding (largely related to substance use disorder research). Dr. Arnsten has developed an innovative peer mentorship program for academic generalists and won several local and national awards for mentorship and leadership.