Dr. Starrels is Associate Professor in the Department of Medicine at Albert Einstein College of Medicine and Montefiore Medical Center in Bronx, NY. She is board-certified in Internal Medicine and Addiction Medicine. Her clinical, research, teaching, and policy-related activities focus on improving opioid management for adults with chronic pain. By examining outcomes and implementation, her research aims to define best practices for using tools such as opioid tapering, treatment agreements, urine drug testing, prescription monitoring programs, and medical cannabis. Her work has been funded primarily by grants from the National Institute on Drug Abuse (NIDA), including a K24 award to mentor junior investigators to tackle the opioid epidemic. Dr. Starrels has served as an expert consultant for local and national agencies developing guidelines and initiatives to improve opioid prescribing, including the New York City Department of Health and the Centers for Disease Control and Prevention (CDC). Mentorship is among the most fulfilling aspects of her career and she is honored to receive this recognition.